



ST.ANN'S COLLEGE FOR WOMEN

MALKAPURAM,VISAKHAPATNAM-11

(ACCREDITED BY NAAC "A" GRADE)



JANUARY|2024

MONTHLY COLLEGE NEWSLETTER

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CONTENTS

• Days Observed

- National Bird Day
- National Youth a Day
- National Girl Child Day
- Yogi Vemana Jayanthi
- Martyrs Day
- Viswa Hindi Diwas

• Republic Day

• Sankranti Celebrations

• Extentional Activities

- Eco-Exploration
- Book Exhibition
- Beyond Books
- Sankranthi Extravaganza
- Prof.P.V.G.D.Prasad Reddy

• Activities of the History Dept

- Theatrical Learning
- Exploring Business
- Exploring Cultural Heritage
- History Meets Hospitality

• Seminars

- Speeches of Influence
- Village Politics
- CSSAR-2023
- APSSDC Seminar
- A Partnership for Progress

• Fit India Celebrations

• A Two-Day International Conference

- Day 1:Health Consciousness
- Day 2:Chiropractic Insights and Discourse

• NSS Activities

- Electrol Awareness
- Rangoli Competition
- National Youth Festival
- Voters Day Celebrations
- Painting Competition
- Pongal Cultural Program
- National Integration Camp
- Parakram Diwas
- Victorious NSS Volunteers
- Felicitation to Savithri
Bhai Phule Awardee



Days Observed

• National Bird Day



On January 5th, Dept.of Biological Sciences at our college celebrated **National Bird Day**. Students from the **B.Sc.(CBZ)** group participated enthusiastically, engaging with the community. They shared the joy of birdwatching and learned about the importance of conserving birds and their habitats.

• National Youth Day



National Youth Day was observed by the **Dept.of Botany & Zoology**.The event featured a compelling talk by **Rajitha, a 3rd-year student** who eloquently spoke on the inspiring role of youth in the realm of science, drawing wisdom from the teachings of **Swami Vivekananda**.

• National Girl Child Day



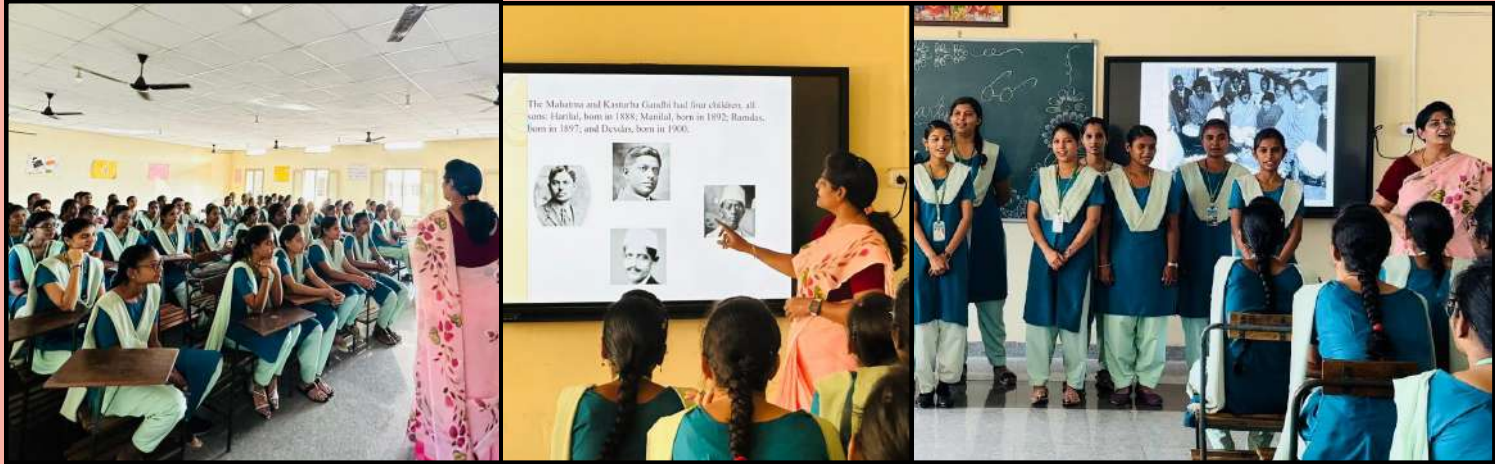
National Girl Child Day was observed by the **NSS unit, Y. Anasuya Devi (Dept.Of Political Science), A.Roja, Coordinator of the Anti-Sexual Harassment Committee & HOD in English** were the key speakers. Also, **Anusha, (Dept.Of Statistics)** and **Sunitha, (Dept. Of Mathematics)** also took part in the awareness program. The entire initiative was guided by **Miss.EPS .Bhagya Lakshmi (Dept. Of Political Science)**.The speakers addressed various challenges faced by girl child, A. Roja specifically discussed about the important topics such as good touch, bad touch, and the need of self-security for women. This observance aimed to increase awareness and understanding of the issues affecting Girl Child.On this eve **R.Ujwala, NSS Volunteer** was felicitated for participating in the **National Youth Festival** at **Nasik** and was appreciated by **Dr.Sr.Prema Kumari**.

• Yogi Vemana Jayanthi - Portey Contest



Yogi Vemana Jayanthi is a special day celebrated on **January 30th** to honor Yogi Vemana, a famous Telugu Poet. People remember him by reading his poems and organizing events. On this eve, **Lakshmi Devi, Dept. of Telugu** arranged a poetry contest to celebrate Yogi Vemana Jayanthi.

• Martyrs Day -Tribute Event



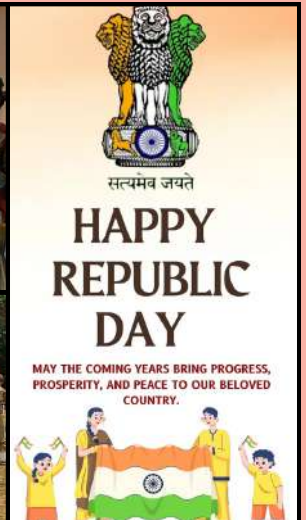
On **January 30th**, a tribute event was held by **P. Jayasri, Department of Commerce and Management**, to mark the **76th Memorial Anniversary of Mahatma Gandhi**, nationally recognized as **Martyrs' Day** in India, commemorating his **assassination in 1948**.

• Viswa Hindi Diwas



A. Adhi Lakshmi, (Dept of Hindi), marked **Vishwa Hindi Diwas** with a compelling Poster Presentation on **January 10th**. The presentation showcased impactful Hindi slogans, emphasizing linguistic and cultural significance.

Republic Day



India celebrates **Republic Day**, which falls on **January 26th**, with immense grandeur and pride each year. This day is observed to honor the **Constitution** called "**The Supreme Law of India**" which was drafted by a committee under the direction of Dr. B.R. Ambedkar. The celebrations of **75th Republic Day** also radiated in our college on January 26th. The day was celebrated with utmost enthusiasm and patriotism under the theme "**Viksit Bharat and Bharat - Loktantra ki Matraka**". The presence of the esteemed **Guest of Honor Nanduri Sambha Siva Rao (DGP of Andhra Pradesh)**, made the day even more remarkable, the event commenced with a majestic **Parade by NCC Cadets, Flag Hoisting**, followed by stirring patriotic-themed dances and songs. The resource person shared valuable life experiences and imparted crucial life lessons to students, emphasizing the significance of setting goals, continuous learning, mutual assistance, resilience, and seeking motivation. The event culminated with a heartfelt **vote of thanks and felicitation** to the resource person by the sisters of the college and the management.



Sankranti Celebrations



In our college, the spirit of secularism is evident with the celebration of festivals irrespective of Religion. **Sankranti** the **harvest festival**, is the biggest festival of **Andhra Pradesh**, its festivities illuminated in our college on **January 12th**. The ceremony was inaugurated **Mrs. Dr. Divya Kishor (Medical Director, QAM Healthcare, UAE)**. Commencing with the spirited hosting by **Joshna Jaisy (Dept. of English)**. Celebration started around 2:00 p.m. The sisters of the college along the management and staff, ignited the bonfire in the assembly ground symbolizing the day one **Bhogi** of the three day festival. Students joyously danced around the flames, adorned in vibrant traditional attire. An enlightening speech on Sankranti and its significance was delivered by **Y. Anasuya Devi (Dept. of Political Science)**. The event ended with addressing of **Dr. Sr. Prema Kumari (Principal of Degree College)** and a gracious vote of thanks by **T. Tulasi (Dept. of Commerce)**. It was a significant and memorable celebration uniting the college community.



Fit India Celebrations



As part of the Fit India Program, an insightful seminar was conducted on January 23, 2024. Miss. Bhagalakshmi from the Department of Public Administration and Mrs. A. Adilakshmi from the Department of Hindi. The seminar focused on the "Importance of Fitness," delving into the crucial role it plays in maintaining a healthy lifestyle. Both speakers provided valuable insights, emphasizing the significance of incorporating fitness into daily routines.

• Elocution Competition



To further engage participants, an Elocution and Extempore Competitions was organized on the same day, allowing individuals to express their views on the Importance of fitness. The event showcased the participants' ability to articulate their thoughts effectively, fostering a deeper understanding of the subject.



• Extempore & Essay Writing



Simultaneously, an essay competition and poster presentation were held as part of the Fit India program. Participants from various departments exhibited their creativity and knowledge in highlighting the importance of fitness through written essays and visually appealing posters. This multi-faceted approach aimed to encourage a holistic understanding of fitness and well-being among the participants.



Winners of the Competition

• Essay Writing

1st Prize : T.Sangeetha (1st BBA)

2nd Prize : K.Sowmya sree Sowmya (1st BSc-MSCs)

3rd Prize : V.Swetha Kumari (1st BA)

• Extempore

1st Prize : G.Dhana Lakshmi (1st MB)

2nd Prize : K.Swetha (1st B.Com)

3rd Prize : Bhavya Dheekshitha (1st B.Com)

• Winners of Poster Presentation

1st Prize : Sanjana(1st BSc -MB)

2nd Prize : Geetha (1st BSc MB)



Extentional Activities

• Eco-Exploration

• Book Exhibition



A **Book Exhibition** unfolded at auditorium on **January 22nd**, attracting students from various schools&colleges. The inauguration, led by **Dr. Sr. Prema Kumari** and **Sr. Jayaseela**, marked the beginning of an enriching event. The exhibition featured books from **Himamsu Book Depot**. Sr. Prema Kumari encapsulated the spirit with the encouraging words, buy a book and gift a book, reinforcing the value of spreading the joy of reading.

On **Jan 7th**, **Meghadri Gedda Downstream** hosted a **Coastal Birdwatching Expedition** by **WWF** and **WCTRE**, led by **Mr. Vivek Rathod**. Participants explored indigenous bird species, fostering community and environmental awareness. **A. Roja Dept.Of English** also took part.



• Beyond Books



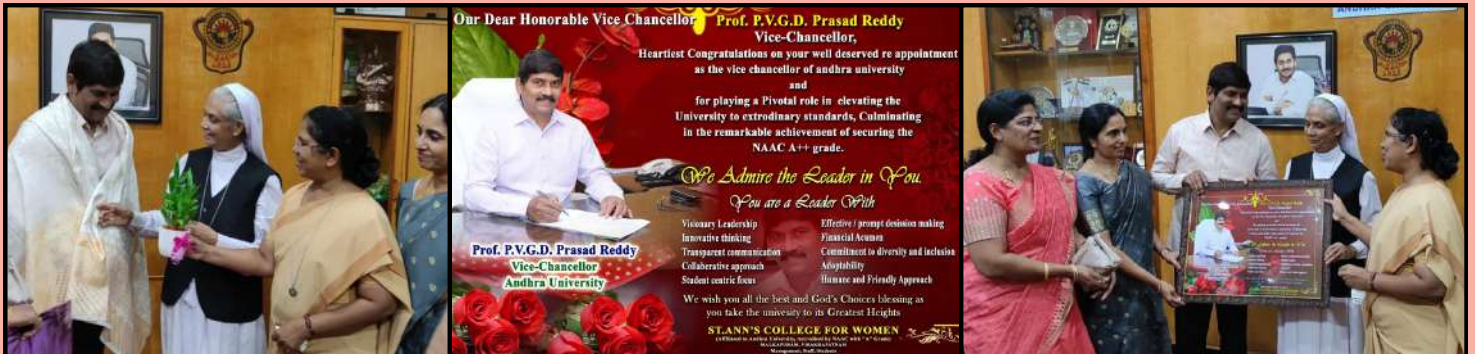
The college **Intermediate Students**, accompanied by **staff**, concluded their Academic Year with a vibrant **Picnic**. Exploring **Shilparamam** cultural diversity, enjoying the scenic beauty of **Kailsagiri** and **bheemili beach**, delving into the history at **Visakha Museum**, trekking **Araku valley** and marvelling at **Burra Caves** provided a rich blend of cultural, natural and historical experiences. the visit to the **Coffee Museum** added a unique touch, fostering an appreciation for the art of coffee museum. This excursion not only provided a refreshing break but also strengthened bonds and created lasting memories.

• Sankranti Extravaganza



Our college buzzed with festive spirit as the **Dept. of Botany & Zoology** hosted a lively **Sankranti Celebrations** on **January 11th**. All **B.Sc.(CBZ)** students actively participated in the event. The highlight of the celebration was that the students creative showcase of **Sankranti rituals** in village life through vibrant models. Engaging competitions like drawing rangolis, crafting models, and designing posters added an extra layer of excitement.

• Prof. P.V.G.D. Prasad Reddy: Vice-Chancellor



Management of our college congratulates **Prof. P.V.G.D. Prasad Reddy** on his well-deserved reappointment as **Andhra University's Vice-Chancellor**. His visionary leadership, effective decision-making, and commitment to diversity have led to the university's extraordinary achievements, including the prestigious **NAAC A++** grade. We admire his innovative thinking, financial acumen, and transparent communication. As he guides the university with a collaborative approach and student-centric focus, we extend our best wishes for continued success.

Seminars

• Speeches of Influence



On **January 9th**, II Inter **CEC/MEC** students delivered compelling speeches on "**Public Speaking**", **S.Sakshi** explored the impact of words on individuals, while **V.Santhoshi** shared valuable insights on exam preparation do's and don'ts.

Mrs. Y. Premalatha, (Dept. Of English), commended the students.

• Village Politics

On **4th & 5th January**, (Department of **Politics & Public Administration**) conducted a departmental seminar on "**Panchayat Raj System**" for **III BA** students. **E.P.S. Bhagya Lakshmi & Y. Anasuya** Deviated as Resource persons.



• CSSAR-2023 : Microbiology's Seaweed Exploration



The Dept. of Microbiology showcased their expertise at the **Two-Days National Conference on Conservation Strategies and Sustainability of Aquatic Resources (CSSAR -2023)** held at **St. Joseph College for Women in Ganapuram, Visakhapatnam**. Led by the **HOD of Microbiology, Dr. Ch. Prasanthi**. Students delivered an engaging oral presentation focused on **Seaweed Research**. The event took place on **Dec 11th & 12th, 2023**.

• APSSDC Seminar: Financial Skills for Students



The Government of Andhra Pradesh, on **January 29th**, hosted a seminar through **APSSDC**, which aimed at enhancing the skills of first-degree students. The program focused on imparting knowledge about financial security, emphasizing steps to save money for the future, and guiding students on how to open an account in the **NSE (National Stock Exchange)** to ensure the preservation of funds for a sustainable future.

• A Partnership for Progress



On **20th December**, **St. Ann's College for Women** collaborated with **Coromandel Industry** for a noble cause, uniting their efforts for a shared mission to foster educational excellence. The Coromandel Industry expressed their commitment to contribute to the establishment and development of the college. They acknowledged our college's dedication to providing high-quality education for girls and were enthusiastic to contributing to the academic excellence of the science departments.

A Two-Day International Conference



On January 12th & 13th , A Two-Day International Conference on **Upcoming Blessings in Health Consciousness - Chiropractic Therapy** was organized in the college auditorium, the conference was organized by Dept. of Biological Sciences, Initiated by IQAC.

Day 1 : Health Consciousness - Mental & Physical Health

The Inaugural day of the “**International Health Conference, themed "Health Consciousness"** focused on mental and physical well-being. A solemn prayer song invoked reverence and unity, while the ceremonial lamp lighting symbolized shared knowledge. **Dr. P. Jayashri** welcomed attendees, followed by a graceful classical dance symbolizing the unity of health and art. **Dr. Sr. Premakumari, (Principial of Degree College)**, delivered a keynote emphasizing holistic well-being. Resource persons included **Dr. T. Usharani (Associate Professor from Andhra University's Department of Civil Engineering)** **Dr. Divya Kishore (Medical Director of QAM Healthcare, UAE)** and **Dr. John Douglas Palleti (Founder and CEO of the Centre for Computational and Biological Sciences (CCBS)).**



Session -1 : Women,water,Health and EQ

Session 1 began at 10 a.m. with **Dr. T. Usha Madhuri** delving into the intricate connections between **(women, water&health)** shedding light on crucial challenges and opportunities. Following this, at 10:40 a.m., **Dr. Divya Kishore** captivated the audience with her talk titled "**EQ: Game Changer or Life Changer?**". Her exploration of **Emotional Intelligence** sparked engaging discussions on its transformative potential in personal and professional spheres.

Session-2 : Paper Presentations

The **session 2** was all about paper presentations. The paper presentations were made by **Mrs.Roja, Mrs.Surekha(Lankapalli Bullaya College), Mrs.Adhishesu, D.awapna(III Bsc.Microbiology), D.Jayasri(III Bsc.Microbiology), Prathima Sharon(I Bsc.Microbiology) and Dhana Laxmi(I Bsc.Zoology)**. The later part of the day witnessed the initiation of deliberations by **Mrs.P.Priya**, followed by **felicitations and a vibrant Dhimsa dance performance**. **A.Anjali Devi** concluded the day with a heartfelt Vote of Thanks.



Day 2 : Chiropractic Insights and Discourse



The Day 2 of the Two-Day International Conference on Upcoming Blessings in Health Consciousness - Chiropractic Therapy was on January 13th, the initiate deliberation was made by Mrs.P.Priya and hosted by Mrs.Dr.Jayasri Puli. The Resource Persons of the day were Expertised Chiropractic Doctors from Germany, Saphira Kaiser, Sara Presazzi, Tom Leleu, Robin Kaiser, Kjell Paris. The session was all about the awareness of Chiropractic Therapy. Chiropractic is a “Licensed Healthcare Profession that Emphasizes the Body's Ability to Heal Itself”. Chiropractic adjustment is a procedure in which trained specialists (chiropractors) use their hands or small instrument to apply a controlled, sudden force to spinal joint. The goal of the procedure, also known as spinal manipulation, is to improve spinal motion and improve your body's physical function. After the session a questionnaire session was held in which the doubts of the people attending the conference were made clear including the negative effects of Chiropractic. Later, immediately after the session Valedictory Program was held where all the Dignitaries were felicitated and the conference ended with the Vote of Thanks by Mrs.A.Roja.



Overall, the Two-day conference was a great success, the event served as a platform to exchange knowledge, discuss advancements, and explore the promising future of Health Consciousness and chiropractic therapy. The positive outcomes of this gathering contribute to a brighter and healthier future, with increased awareness and appreciation for the role of chiropractic care in promoting a balanced and conscious approach to health.



Department of History Activities

• Theatrical Learning

• Exploring Business

G.Lalitha Reddy, Dept.of History organized engaging **Role Plays in the Classroom**, on topic like guest stay process in five star hotel,role play of tourist guide,role play of a tour manager and tourist etc,fostering interactive learning experiences for students.



On **December 8th**,as part of a **History Project**, students explored the **Historical Dimensions of Business and Commerce** through a visit to the **KEYS Business Hotel** in Gajuwaka.This visit provided valuable perspectives on the intersection of history and business.

• Exploring Cultural Heritage

In the month of January, the **Department of History** engaged in enriching "**Cultural Tourism Projects**".Students explored the **Cultural Tapestry of Aruku, Odisha** and various **Ethnic Locales in Vizag**, fostering a deeper understanding of our diverse heritage.



• History Meets Hospitality: Best Western Visit

On **December 9th**,as part of **Hospitality Management**, **History Students** embarked on a visit to the **Best Western Hotel—A Three-Star Establishment**. This hands on experience allowed them to delve into the historical aspects of hospitality management, gaining practical insights into the industry.



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Long 83.20672°

NSS Activities

• Electoral Awareness



On 4th January, District Revenue Department conducted a seminar on **SVEEP [Systematic Voters Education and Electoral Participation program]** at Assembly Hall. Sri Hussain Saheb , RDO, Sri D. Veerabhadra Rao, MRO, Dr. Sister Prema Kumari (Principal), EPS. Bhagya Lakshmi, y. Anasuya Devi, Vasanth, staff of Revenue Department, staff of secretariat, Students and **NSS Volunteers** participated in the programme.

• Rangoli Competition



On 7th January, Miss. EPS Bhagya Lakshmi Acted as a Judge in Rangoli competition conducted by **Abn Andhrajothi** at Sri Prakash Educational institutions, Seethammadhara, Visakhapatnam at district level, **Durga Bhavani** a student of **B.sc.** & also **NSS volunteer** participated in the rangoli competition.

• Pongal Cultural Program



On 4th January, EPS Bhagya Lakshmi acted as **Organizer & Judge** for **Goda Devi Cultural Programme** on the eve of Pongal at Simhachalam. Sri PGVR Naidu, MLA, VSP West Constituency graced the occasion as chief guest.

• Voters Day Celebrations

On 25th January, **NSS Units** of our college held **Voters Day Celebrations**. The programme officers, **NSS Volunteers** and **NCC Cadets** participated in the programme.



• Rongali Ujwala at National Youth Festival



Miss Rongali Ujwala, from 1st Bsc & also NSS Volunteer of our college participated in the National Youth Festival from 12th to 16th January, which was conducted by the Ministry of Youth Affairs and Sports, Government of India at Nasik, Maharashtra.

• Painting Workshop

On 18th January, EPS Bhagya Lakshmi & few NSS Volunteers participated in a work Shop on Painting conducted by Chitra Kala Parishad at Branch Library, Malkapuram.



• National Integration Camp



Y. Anasuya Devi, NSS Programme Officer, unit-II attended NATIONAL INTEGRATION CAMP from 14th to 20th January, as ANDHRA PRADESH LADY CONTINGENT LEADER, held at MLRIT, Medchal, Hyderabad.

• Victorious NSS Volunteer



On 9th January, P. Divya Sri (II BA) - NSS volunteer got 2nd prize in Elocution Competition (Declamation) on Viksit Bharat at Anakapalli District conducted by Nyk, Vizag .

• Parakram Diwas

On 23rd January, NSS unit celebrated (Parakram Diwas) Netaji Subhash Chandra Bose Jayanthi .



• Felicitation to Savithri Bhai Phule Awardee

On 11th January ,NSS unit conducted a Felicitation Programme to Suneetha who received (Savithri Bhai Phule award) on the occasion of "National Youth Day" celebrations.



Staff and Students Exploring



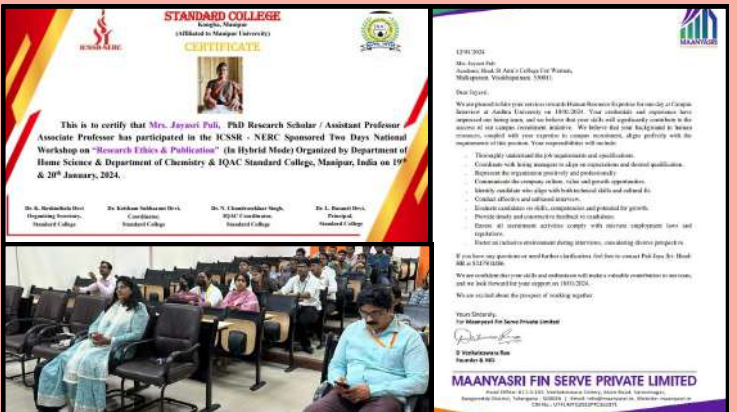
P. Divya Sri participated at **District Level Viksit Bharat @2047 Declamation contest** conducted by **Nehru Yuva Kendra-VSP** on **January 10th** at **Gowri Grandhalayam, Anakapalli.**



On **January 28th, 2024**, at **St. Peter's Cathedral Church Ground in Gnanapuram, Vizag.** **Rebika Francis** led her team to victory in the **Throwball Finals of the St. Mother Teresa Memorial Sports Tournament.** The champions received a prize of **5000/-**, showcasing skill, teamwork, and determination in an exhilarating display of sportsmanship.



A. Adilakshmi, (Dept. Of Hindi) & A. Shanti Rani, (Dept. Of Computer Science) has participated in the **International Online Workshop on "Academic Writing-Ethical Issues"** from **19th to 21st January.**



P. Jayasri (Academic Head) Department Of Commerce & Management has participated in the **ICSSR-NERC sponsored two days workshop on "Research Ethics & Publication"** (in hybrid mode), organized by **Dept. Of Home Science and Dept. Of chemistry & IQAC Standard College, Manipur** on **19th & 20th January.** Also, she got an opportunity to work as a **Guest Editor** in **Sciendo** for a **special issue 46** in **JEM** one of the reputed journals **"Journal of Economics and Management"** and went as **HR expert** representing **MAANYASRI FIN SERVE PRIVATE LIMITED** for **Campus Interview** at **AU.**



Students from **1st Bsc. MPCs** participated in **District level Art Competition** at **Port stadium** on **21st January.**



A. Roja, HOD of English, was awarded by **Sara Presazzion (Doctor of Chiropractic)** on the second day of the **International Conference** held at our college for her paper presentation on **Mental Health.**

Spotlight -Young Talent

K. Sirisha of IInd B.Sc.(MPC) intricate **yoga postures** inspire with their complexity, showcasing dedication and skill in our college community's wellness journey.



Students corner

Examinations

- **Degree 1st semester**

The exams time table has been released for 1st semester degree students.

Please check it in the link : <https://exams.andhrauniversity.edu.in/>

- **Intermediate - Environmental Education**

It is informed that the Board of Intermediate Education, Andhra Pradesh has postponed the Environmental Education Examination from dt:03-02-2024(Saturday) to 23-02-2024(Friday) at 10:00 AM to 1.00 PM.

For more details [Click here](#)

- **Board of intermediate**

The Time Table for 1st and 2nd year students of Intermediate Public Examinations, March 2024, by the Board of Intermediate Education, Andhra Pradesh, has been released.

To download the Time table [Click here](#)

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