

St. Ann's College for women

Malkapuram, Visakhapatnam-530011.

4.1.2 Physical Facilities for cultural activities



S. Prasad
Principal
St. Ann's College for Women

St. Ann's College for women

Malkapuram, Visakhapatnam-530011.



 **GPS Map Camera**



Visakhapatnam, Andhra Pradesh, India

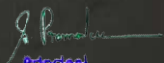
St Anns College For Women, Malkapuram, M6MQ+QPW, Malkapuram,

Visakhapatnam, Andhra Pradesh 530011, India

Lat 17.684582°

Long 83.2395°

01/10/24 08:56 AM GMT +05:30


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Malkapuram, Visakhapatnam-530011

Principal
St. Ann's College for Women

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Principal
St. Ann's College for Women,
Malkapuram, Visakhapatnam-11


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S. Prasad
Principal
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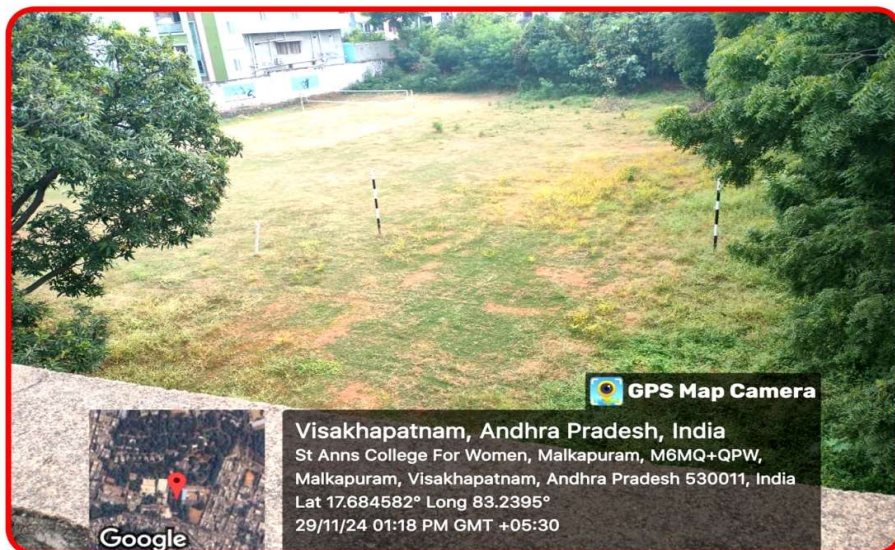

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Sports & Games

GROUND




Principal
St. Ann's College for Women

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Shot put



Tennikoit



S. Romalini
Principal
St. Ann's College for Women

St. Ann's College for women

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Throw Ball



Volley Ball



J. Romalini
Principal
St. Ann's College for Women

St. Ann's College for women

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kho -kho



Athletics



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Document no.03 YOGA ACTIVITIES



ST ANN'S COLLEGE FOR WOMEN

**AUTONOMOUS
ACCREDITED WITH NAAC 'A' GRADE
IN ASSOCIATION WITH IQAC**



Yoga awakens the Mind



DR. SR. PREMA KUMARI
PRINCIPLE OF DEGREE
COLLEGE



RESOURCE PERSON
S. JAYA
DISTRICT LEVEL PERSONAL YOGA
INSTRUCTOR

DATE : 14 SEP
TIME : 9:00 AM
VENUE : ASSEMBLY HALL

ORGANISERS:
SR. KASILIN
(PRINCIPLE OF
INTERMEDIATE)
LT. P. SIVARANJANI
P. D. SANDHYA
P. O. Y. ANJALI DEVI
JOSHNA JAISY


Principal
St. Ann's College for Women

St. Ann's College for women

Malkapuram, Visakhapatnam-530011.



WELCOME TO OUR PRACTICE



JOIN THE JOURNEY WITHIN



STEP ONTO YOUR MAT!



BREATH,BEGIN,TRANSFORM..!



FIND YOUR ZEN



TIME TO CENTER YOURSELF

S. Prasad
Principal
St. Ann's College for Women

St. Ann's College for women

Malkapuram, Visakhapatnam-530011.



PEACEFUL PAUSE



BREATHING TOGETHER



FINDING BALANCE



BIG TOE POSE



YOGA FOR ALL



APPRECIATING THE JOURNEY

S. Prasad
Principal
St. Ann's College for Women

St. Ann's College for women

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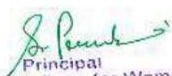
Document no : 2 : List of GYM Equipment's

ST.ANN'S COLLEGE FOR WOMEN

MALKAPURAM, VISAKHAPATNAM-530011

List of GYM Equipments

- | | |
|----------------------------------|--------|
| 1. 5 in 1 Manual Treadmill | 1 no |
| 2. Treadmill | 1 no |
| 3. Indoor Cycles Exercise Bike | 2 no |
| 4. Stomach exerciser abs workout | 1 no |
| 5. Multifunctional Bench Press | 1 no |
| 6. Push up stand | 1 no |
| 7. Dumbels (5kg) | 2 sets |
| 8. Skipping ropes | 5 no |


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St. Ann's College for Women Malkapuram, Visakhapatnam

List of Sports Equipments

S.No.	Description of the Article	Purchased Quantity	Last Year Damage	Last Year Balance	Present Quantity
1	Throw Ball (jonex)	-	4	8	4
2	volley Ball(Nivia spiek)	-	4	6	6
3	Hand Ball(Nivia)	-	-	-	3
4	Tennikoit Ring(vicky)	20	-	4	24
5	B/Rckt(kamachi)	10 set	-	5	15
6	cocks(Albassonai)	5	-	4	9
7	skipping Rope(pinky)	-	-	7	-
8	Carrom Board (Bhavya)	-	2	6	4
9	Chess Board Big(BPI)	-	-	5	5
10	Chess Mat (BPI)	-	-	-	10
11	Chess Coins (sponex)	-	-	-	10
12	TT/Clamp Set vx star	-	-	1	1
13	Disc/throw 1kg navy ug	-	-	2	2
14	Basket Ball (cosco)	-	-	1	1
15	Chinese ch/brd	-	-	5	5
16	Ball Bton Net	-	-	1	1
17	Carrom Coins	-	-	2	2
18	Carrom Strickers	-	-	4	4
19	Carrom Powder	-	4	-	-
20	Chinese Chekker Coins	-	-	5	5
21	100M Measure tape	1	-	-	1
22	Kohinoor Weighmachine	1	-	-	1
23	shortput	-	-	2	2
24	Kho-Kho Poles	1 set	-	-	1 set
25	Volley Ball Poles	1 set	-	-	1 set
26	RR.Green Full Tracks	-	-	-	11
27	Brown full tracks	-	-	-	1
28	RR.Green Lowers T-Shirts	-	-	-	3
29	Skin Fits	-	-	-	2


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